



NATURAL HEALTH PRODUCT

LUNGWORT – *PULMONARIA OFFICINALIS*

Topical

This monograph is intended to serve as a guide to industry for the preparation of Product Licence Applications (PLAs) and labels for natural health product market authorization. It is not intended to be a comprehensive review of the medicinal ingredient.

Notes

- ▶ Text in parentheses is additional optional information which can be included on the PLA and product label at the applicant’s discretion.
- ▶ The solidus (/) indicates that the terms and/or statements are synonymous. Either term or statement may be selected by the applicant.

Date August 5, 2019

Proper name(s), Common name(s), Source material(s)

Table 1. Proper name(s), Common name(s), Source material(s)

Proper name(s)	Common name(s)	Source material(s)		
		Proper name(s)	Part(s)	Preparation(s)
<i>Pulmonaria officinalis</i>	<ul style="list-style-type: none"> ▶ Bloody-butcher ▶ Boys-and-girls ▶ Hundreds-and-thousands ▶ Jerusalem cowslip ▶ Jerusalem-sage ▶ Joseph-and-Mary ▶ Lungwort ▶ Mary-spilt-the-milk ▶ Soldiers-and sailors ▶ Spotted-dog 	<i>Pulmonaria officinalis</i>	Leaf	Dried

References: Proper name: USDA 2019; Common names: USDA 2019, McGuffin et al. 2000; Source material: Williamson 2003, BHP 1983.

Route of administration

Topical



Dosage form(s)

Acceptable dosage forms for the age category listed in this monograph and specified route of administration are indicated in the Compendium of Monographs Guidance Document.

Use(s) or Purpose(s)

Used in Herbal Medicine (as a vulnerary) to aid in the healing of minor wounds and cuts (Williamson 2003; BHP 1983; Lust 1974).

Dose(s)

Subpopulation(s)

Adults 18 years and older

Quantity(ies)

Methods of preparation: Dry, Powder, Non-Standardized Extracts (Dry extract, Tincture, Fluid extract, Decoction, Infusion)

2 - 4 grams of dried leaves, 3 times per day (Williamson 2003; BHP 1983).

Direction(s) for use

Apply to affected area(s).

Duration(s) of use

No statement required.

Risk information

Caution(s) and warning(s)

Consult a health care practitioner/health care provider/health care professional/doctor/physician if symptoms persist or worsen.

Contraindication(s)

No statement required.



Known adverse reaction(s)

No statement required.

Non-medicinal ingredients

Must be chosen from the current Natural Health Products Ingredients Database (NHPID) and must meet the limitations outlined in the database.

Storage conditions

No statement required.

Specifications

- ▶ The finished product specifications must be established in accordance with the requirements described in the Natural and Non-prescription Health Products Directorate (NNHPD) Quality of Natural Health Products Guide.
- ▶ The medicinal ingredient must comply with the requirements outlined in the NHPID.

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