



## NATURAL HEALTH PRODUCT

### GROUND IVY- *GLECHOMA HEDERACEA*

#### Topical

This monograph is intended to serve as a guide to industry for the preparation of Product Licence Applications (PLAs) and labels for natural health product market authorization. It is not intended to be a comprehensive review of the medicinal ingredient.

#### Notes

- ▶ Text in parentheses is additional optional information which can be included on the PLA and product label at the applicant's discretion.
- ▶ The solidus (/) indicates that the terms and/or statements are synonymous. Either term or statement may be selected by the applicant.

#### Date

October 30, 2018

#### Proper name(s), Common name(s), Source material(s)

Table 1. Proper name(s), Common name(s), Source material(s)

Proper name(s)	Common name(s)	Source material(s)		
		Proper name(s)	Part(s)	Preparation(s)
<i>Glechoma hederacea</i>	Ground ivy	<i>Glechoma hederacea</i>	Herb top	Dried

References: Proper name: USDA 2018; Common name: McGuffin et al. 2000; Source material: Barnes et al. 2007, Grieve 1971.

#### Route of administration

Topical

#### Dosage form(s)

Acceptable dosage forms for the age category listed in this monograph and specified route of administration are indicated in the Compendium of Monographs Guidance Document.

#### Use(s) or Purpose(s)

Traditionally used in Herbal Medicine to help heal minor cuts and wounds (vulnerable) and to help soothe inflammation (Barnes et al. 2007; Williamson et al. 1988; Grieve 1971).

**Note**

Claims for traditional use must include the term “Herbal Medicine”, “Traditional Chinese Medicine”, or “Ayurveda”.

**Dose(s)****Subpopulation(s)**

Adults 18 years and older

**Quantity(ies)**

Methods of preparation: Dry, Powder, Non-Standardised Extracts (Dry extract, Tincture, Fluid extract, Decoction, Infusion)

2-4 grams of dried herb tops (Williamson et al. 1988)

**Direction(s) for use**

Apply to affected area(s) as needed.

**Duration(s) of use**

No statement required.

**Risk information****Caution(s) and warning(s)**

- ▶ Consult a health care practitioner/health care provider/health care professional/ doctor/ physician if symptoms persist or worsen.
- ▶ Consult a health care practitioner/health care provider/health care professional/ doctor/ physician prior to use if you are pregnant or breastfeeding (Barnes et al. 2007).

**Contraindication(s)**

No statement required.

**Known adverse reaction(s)**

No statement required.



## Non-medicinal ingredients

Must be chosen from the current Natural Health Product Ingredient Database (NHPID) and must meet the limitations outlined in the database.

## Storage conditions

No statement required.

## Specifications

- ▶ The finished product specifications must be established in accordance with the requirements described in the Natural and Non-prescription Health Products Directorate (NNHPD) Quality of Natural Health Products Guide.
- ▶ The medicinal ingredient must comply with the requirements outlined in the NHPID.

## References cited

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