

NATURAL HEALTH PRODUCT

CAYENNE – *CAPSICUM ANNUUM*

Oral

This monograph is intended to serve as a guide to industry for the preparation of Product Licence Applications (PLAs) and labels for natural health product market authorization. It is not intended to be a comprehensive review of the medicinal ingredient.

Notes

- ▶ Text in parentheses is additional optional information which can be included on the PLA and product label at the applicant's discretion.
- ▶ The solidus (/) indicates that the terms and/or statements are synonymous. Either term or statement may be selected by the applicant.

Date

October 30, 2018

Proper name(s), Common name(s), Source material(s)

Table 1. Proper name(s), Common name(s), Source material(s)

Proper name(s)	Common name(s)	Source material(s)		
		Proper name(s)	Part(s)	Preparation(s)
<i>Capsicum annuum</i>	<ul style="list-style-type: none"> ▶ Cayenne ▶ Cayenne pepper ▶ Chili pepper ▶ Paprika ▶ Red Pepper 	<i>Capsicum annuum</i>	Fruit	Dried

References: Proper name: USDA 2018; Common names: Blumenthal et al. 2000, McGuffin et al. 2000; Source material: Bradley 2006, Felter and Lloyd 1983.

Route of administration

Oral

Dosage form(s)

This monograph excludes foods or food-like dosage forms as indicated in the Compendium of Monographs Guidance Document.

Acceptable dosage forms for the age category listed in this monograph and specified route of administration are indicated in the Compendium of Monographs Guidance Document.



Use(s) or Purpose(s)

- ▶ Traditionally used in Herbal Medicine to aid digestion (Bradley 2006; Ellingwood 1983; Felter and Lloyd 1983).
- ▶ Traditionally used in Herbal Medicine to help support peripheral circulation (Bradley 2006; Ellingwood 1983; Wren 1907).

Note

Claims for traditional use must include the term “Herbal Medicine”, “Traditional Chinese Medicine”, or “Ayurveda”.

Dose(s)

Subpopulation(s)

Adults 18 years and older

Quantity(ies)

Methods of preparation: Dry, Powder, Non-Standardised Extracts (Dry extract, Tincture, Fluid extract, Decoction, Infusion)

15-650 milligrams of dried fruit, per day (Bradley 2006; Blumenthal 2003; Hoffmann 2003; Lust 1987; Felter and Lloyd 1983; Grieve 1971)

Direction(s) for use

No statement required.

Duration(s) of use

No statement required.

Risk information

Caution(s) and warning(s)

- ▶ Keep out of the reach of children.
- ▶ Call a Poison Control Center immediately if overdose or accidental ingestion occurs (CPS 2008).
- ▶ Consult a health care practitioner/health care provider/health care professional/doctor/physician if symptoms persist or worsen.



- ▶ Consult a health care practitioner/health care provider/health care professional/doctor/physician prior to use if you are pregnant, breastfeeding, or have stomach ulcers or inflammation (Brinker 2010; Bradley 2006; Boon and Smith 2004).

Contraindication(s)

No statement required.

Known adverse reaction(s)

No statement required.

Non-medicinal ingredients

Must be chosen from the current Natural Health Products Ingredients Database (NHPID) and must meet the limitations outlined in the database.

Storage conditions

No statement required.

Specifications

- ▶ The finished product specifications must be established in accordance with the requirements described in the Natural and Non-prescription Health Products Directorate (NNHPD) Quality of Natural Health Products Guide.
- ▶ The medicinal ingredient must comply with the requirements outlined in the NHPID.

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