

PRODUIT DE SANTÉ NATUREL

SEL DE CALCIUM-POTASSIUM D'ACIDE HYDROXYCITRIQUE

La présente monographie vise à servir de guide à l'industrie pour la préparation de demandes de licence de mise en marché (DLMM) et d'étiquettes dans le but d'obtenir une autorisation de mise en marché d'un produit de santé naturel. Elle ne vise pas à être une étude approfondie de l'ingrédient médicinal.

Nota

- ▶ Les parenthèses contiennent des éléments d'information additionnels (facultatifs) qui peuvent être inclus dans la DLMM ou sur l'étiquette du produit à la discréTION du demandeur.
- ▶ La barre oblique (/) indique que les termes et/ou les énoncés sont synonymes. Le demandeur peut utiliser n'importe lequel des termes ou énoncés indiqués.

Date 31 juillet 2018

Nom(s) propre(s), Nom(s) commun(s), Matière(s) d'origine

Tableau 1. Nom(s) propre(s), Nom commun(s), Matière(s) d'origine

Nom(s) propre(s)	Nom(s) commun(s)	Matière(s) d'origine			
		Nom(s) propre(s)	Nom(s) commun(s)	Partie(s)	Préparation
<ul style="list-style-type: none"> ▶ Sel de calcium/potassium d'acide hydroxycitrique ▶ Sel de calcium-potassium d'acide (-)-hydroxycitrique 	<ul style="list-style-type: none"> ▶ Sel de calcium/potassium d'acide hydroxycitrique ▶ Sel de calcium-potassium d'acide (-)-hydroxycitrique 	<i>Garcinia gummi-gutta</i>	N/A	Pelure de fruit	
		N/A	Sel de calcium-potassium d'acide (-)-hydroxycitrique	N/A	Synthétique

Références: Noms propres: Preuss et al. 2004a, Preuss et al. 2004b; Noms communs: Preuss et al. 2004a, Preuss et al. 2004b; Matières d'origine: Hayamizu et al. 2008, Preuss et al. 2004a, Preuss et al. 2004b.

Voie d'administration

Orale

Forme(s) posologique(s)

Cette monographie exclut les aliments et les formes posologiques semblables aux aliments tel qu'indiqué dans le document de référence Compendium des monographies.

Les formes posologiques acceptables pour les catégories d'âge listées dans cette monographie et pour la voie d'administration spécifiée sont indiquées dans le document de référence Compendium des monographies.

Usage(s) ou fin(s)

Pourrait aider à augmenter temporairement la sensation de satiété/d'être rassasié (Westerterp-Plantega et Kovacs 2002).

Dose(s)

Sous-population(s)

Adultes 18 ans et plus

Quantité(s)

1500 à 5000 milligrammes, par jour; Ne pas dépasser 500 à 2000 milligrammes par dose unique (Preuss et al. 2004a; Preuss et al. 2004b; Westerterp-Plantega et Kovacs 2002).

Activité :

- ▶ 60 % d'acide hydroxycitrique
- ▶ 11 % de calcium
- ▶ 16 % de potassium

Mode(s) d'emploi

Prendre avant les repas, quelques heures avant ou après la prise d'autres médicaments ou produits de santé naturels (Martindale 2009; ASHP 2005; CPhA 2001).

Durée(s) d'utilisation

Énoncé non requis.

Mention(s) de risque

Précaution(s) et mise(s) en garde

Consulter un praticien de soins de santé/fournisseur de soins de santé/professionnel de la santé/docteur/médecin avant d'en faire l'usage si vous êtes enceinte ou si vous allaitez.

Contre-indication(s)

Produits fournissant de 350 à 747 mg de potassium par jour ou plus de 200 mg de potassium par dose :

Ne pas utiliser ce produit si vous souffrez d'obstruction ou d'ulcération gastro-intestinale (Martindale 2009; CPhA 2001).

Réaction(s) indésirable(s) connue(s)

Produits fournissant de 350 à 747 mg de potassium par jour ou plus de 200 mg de potassium par dose :

Peut causer des nausées, des vomissements ou des crampes abdominales; cesser l'utilisation et consulter un praticien de soins de santé/fournisseur de soins de santé/professionnel de la santé/docteur/médecin si les symptômes sont sévères (Martindale 2009; CPhA 2001).

Ingédients non médicinaux

Doivent être choisis parmi ceux de la version actuelle de la Base de données des ingrédients des produits de santé naturels (BDIPSN) et respecter les restrictions mentionnées dans cette base de données.

Conditions d'entreposage

Énoncé non requis.

Spécifications

- ▶ Les spécifications du produit fini doivent être établies conformément aux exigences décrites dans le Guide de référence sur la qualité des produits de santé naturels de la Direction des produits de santé naturels et sans ordonnance (DPSNSO).
- ▶ L'ingrédient medicinal doit être conforme aux exigences mentionnées dans la BDIPSN.

Références citées

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