

## NATURAL HEALTH PRODUCT

### RED WINE EXTRACT

This monograph is intended to serve as a guide to industry for the preparation of Product Licence Applications (PLAs) and labels for natural health product market authorization. It is not intended to be a comprehensive review of the medicinal ingredient.

#### Notes

- Text in parentheses is additional optional information which can be included on the label at the applicant's discretion.
- The solidus (/) indicates that either term and/or statement may be selected on the label.

#### Date

February 27, 2026

#### Proper name(s), Common name(s), Source information

Table 1. Proper name(s), Common name(s), Source information

Proper name(s)	Common name(s)	Source information	
		Source material(s)	Part(s)
<i>Vitis vinifera</i>	<ul style="list-style-type: none"><li>• Red Wine Extract</li><li>• Red Wine Polyphenol Extract</li></ul>	<i>Vitis vinifera</i>	Fruit

References: Proper name: USDA 2025; Common names: Leifert and Abeywardena 2008; Source information: Nigdikar et al. 1998, Brouillard et al. 1997.

#### Route of administration

Oral

#### Dosage form(s)

This monograph excludes foods or food-like dosage forms as indicated in the Compendium of Monographs Guidance Document.

Acceptable dosage forms for oral use are indicated in the dosage form drop-down list of the web-based Product Licence Application form for Compendial applications.



### Use(s) or Purpose(s)

- Source of antioxidants/Provides antioxidants (Meskin et al. 2002; Cuevas et al. 2000).
- Source of antioxidants/Provides antioxidants that help fight/protect (cell) against/reduce (the oxidative effect of/the oxidative damage caused by/cell damage caused by) free radicals (Meskin et al. 2002; Cuevas et al. 2000).

### Dose(s)

#### Subpopulation(s)

Adults 18 years and older

#### Quantity(ies)

**Methods of preparation:** Standardized or Non-Standardized Extracts (Dry extract, Tincture, Fluid extract, Decoction, Decoction concentrate, Infusion, Infusion concentrate)

Not to exceed 1 gram of red wine extract, per day (Chopra et al. 2000; Cuevas et al. 2000; Nigdikar et al. 1998).

Standardized potency: Not to exceed 95% polyphenols (Botden et al. 2012; Chopra et al. 2000).

#### Direction(s) for use

No statement required.

### Duration(s) of use

No statement required.

### Risk information

#### Caution(s) and warning(s)

**Ask a health care practitioner/health care provider/health care professional/doctor/physician before use if you are pregnant or breastfeeding (Meskin et al. 2002).**

#### Contraindication(s)

No statement required.

**Known adverse reaction(s)**

No statement required.

**Non-medicinal ingredients**

Must be chosen from the current Natural Health Products Ingredients Database (NHPID) and must meet the limitations outlined in the database.

**Storage conditions**

Must be established in accordance with the requirements described in the *Natural Health Products Regulations*.

**Specifications**

- The finished product specifications must be established in accordance with the requirements described in the Natural and Non-prescription Health Products Directorate (NNHPD) Quality of Natural Health Products Guide.
- The medicinal ingredient must comply with the requirements outlined in the NHPID.



**EXAMPLE OF PRODUCT FACTS:**

Consult the Guidance Document, [Labelling of Natural Health Products](#) for more details.

<b>Product Facts</b>	
<b>Medicinal ingredient</b> in each capsule <i>Vitis vinifera</i> (Red wine extract) extract Providing YY% polyphenols	XX mg
<b>Uses</b> • Provides antioxidants that help protect against the oxidative effect of free radicals.	
<b>Warnings</b>	
<b>If applicable<sup>1</sup>:</b> <b>Allergens: food allergen, gluten (gluten source), sulphites</b> <b>Contains aspartame</b>	
Ask a health care practitioner before use if you are pregnant or breastfeeding.	
<b>Directions</b> Adults 18 years and older: Take X capsule(s), X time(s) per day.	
<b>Other information</b> (Add storage information)	
<b>Non-medicinal ingredients</b> List all NMIs	
<b>Questions?</b> (Call) 1-XXX-XXX-XXXX	

<sup>1</sup>This section can be removed from the table if the product contains no allergen or aspartame.

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Brinker F. *Herb Contraindications and Drug Interactions*, 4<sup>th</sup> edition. Sandy (OR): Eclectic Medical Publications; 2010.

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## Version History

Publication date	Update type	Summary of main updates (from Feb 2026)
2026-02-27	Minor updates	<ul style="list-style-type: none"><li>• Introductory notes</li><li>• Addition of the detailed antioxidant claim</li><li>• Additional methods of preparation</li><li>• Risk statement wording</li><li>• Inclusion of the standard statement for storage conditions</li><li>• Inclusion of a Product Facts Table example</li><li>• Reference section</li><li>• Inclusion of version history information</li></ul>
2018-08-28	Validation	—
2014-03-07	Minor updates	—
2013-08-12	Initial release	—