

ACTIVE HEXOSE CORRELATED COMPOUND - GRANULE (AHCC-FG)

For products in powder form, refer to the “ACTIVE HEXOSE CORRELATED COMPOUND – POWDER (AHCC-FD)” monograph.

This monograph is intended to serve as a guide to industry for the preparation of Product Licence Applications (PLAs) and labels for natural health product market authorization. It is not intended to be a comprehensive review of the medicinal ingredient.

Notes

- ▶ Text in parentheses is additional optional information which can be included on the PLA and product label at the applicant’s discretion.
- ▶ The solidus (/) indicates that the terms and/or the statements are synonymous. Either term or statement may be selected by the applicant.

Date November 15, 2012

Proper name(s)

Active hexose correlated compound (Spierings et al. 2007; Matsui et al. 2002)

Common name(s)

- ▶ Active hexose correlated compound (Spierings et al. 2007; Matsui et al. 2002)
- ▶ AHCC (Spierings et al. 2007; Matsui et al. 2002)

Source material(s)

Freeze-dried mycelium extract of Shiitake (*Lentinula edodes* (Berk.) Pegler (1976) (Marasmiaceae)) (Fujii et al. 2011; Sumiyoshi et al. 2010)

Route(s) of administration

oral

Dosage form(s)

- ▶ The acceptable pharmaceutical dosage form is limited to capsules.

- ▶ This monograph is not intended to include foods or food-like dosage forms such as bars, chewing gums or beverages.

Use(s) or Purpose(s)

Statement(s) to the effect of:

Antioxidant (Ye et al. 2004, 2003; Wang et al 2001)

Dose(s)

Subpopulation(s)

adults (≥ 19 years)

Quantity(ies)

Up to 6 g Active hexose correlated compound granule (AHCC-FG), per day (Fujii et al. 2011; Cowawintaweewat et al. 2006; Uno et al. 2000).

Directions for use

No statement required.

Duration of use

No statement required.

Risk information

Statement(s) to the effect of:

Caution(s) and warning(s)

No statement required.

Contraindication(s)

No statement required.

Known adverse reaction(s)

Symptoms such as nausea and diarrhea have been known to occur; in which case, discontinue use (Sumiyoshi et al. 2010; Matsui et al 2002).

Storage conditions

No statement required.

Non-medicinal ingredients

Must be chosen from the current NHPD *Natural Health Products Ingredients Database* (NHPID) and must meet the limitations outlined in the database.

Specifications

- ▶ The finished product must comply with the minimum specifications outlined in the current NHPD *Compendium of Monographs*.
- ▶ The medicinal ingredient must comply with the requirements outlined in the *Natural Health Products Ingredients Database* (NHPID).

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